

Joint School District #251

RIGBY MIDDLE SCHOOL

Salads & Main Line

Monday	Tuesday	Wednesday	Thursday	Friday
		Aug - 30 Chicken, popcorn Whole Wheat Breadstick or Ham Salad in a Cup or Pizza, Domino's with CATSUP Wedges, Skincredibles Vegetable Bar Fruit Milk variety-lowfat	Aug - 31 Chili & Chips or HAMBURGER ON A BUN or Pizza, Ripper with Vegetable Bar PEAS & CARROTS Fruit Penouche Cookie Milk variety-lowfat	Sep - 1 Soft Shell Taco or BBQ Pork Rib Sandwich or Pizza, Papa Kelsey with CORN Vegetable Bar Fruit CINNAMON ROLL Milk variety-lowfat
Sep - 4	Sep - 5 Chicken Nuggets Idaho Mashed Potatoes Chicken Gravy Whole Wheat Bun or Pizza, Papa Kelsey with CALIFORNIA BLEND Vegetable Bar Fruit Fruit Snacks Milk variety-lowfat	Sep - 6 Chicken/Pepper Jack/Spicy Ranc or CORN DOG, WG/CONDIMENTS or Pizza, Domino's with Vegetable Bar Fries, Golden Fruit Milk variety-lowfat	Sep - 7 SUPER BEEF NACHOS or Trojan Burger or Pizza, Ripper with Vegetable Bar Wedges, Skincredibles Fruit Milk variety-lowfat	Sep - 8 CHICKEN NOODLE SOUP WG Breadstick, Mozzarella or CRISPITOS CHEESE SAUCE or Pizza, Papa Kelsey with Vegetable Bar CARROTS Fruit JELLO WHIP TOPPING Milk variety-lowfat
Sep - 11 Burrito, WG Salsa or Chicken Hot & Spicy on Bun or Pizza, Domino's with BROCCOLI Vegetable Bar COOKIES, COWBOY Fruit Milk variety-lowfat	Sep - 12 Chicken Fried Beef Idaho Mashed Potatoes Beef Gravy Whole Wheat Bun or Pizza, Papa Kelsey Vegetables, Country Mix or Vegetable Bar Fruit Milk variety-lowfat	Sep - 13 Hot Dog on a Bun or Chicken Burger on a Bun or Pizza, Domino's with CATSUP Tater Tots Vegetable Bar Fruit Milk variety-lowfat	Sep - 14 SPAGHETTI AND MEAT SAUCE Whole Wheat Breadstick Green Beans or HAMBURGER ON A BUN or Pizza, Ripper with Fries, Golden CATSUP Vegetable Bar Fruit Milk variety-lowfat	Sep - 15 Chicken Strip Basket or Pork, Pulled on a Bun or Pizza, Papa Kelsey with Fries, Golden Ketchup, Heinz Vegetable Bar Fruit Milk variety-lowfat

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Salads & Main Line

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 18 Dorito enchlidas Whole Wheat Bun or Chicken Hot & Spicy on Bun or Pizza, Domino's with Green Beans Vegetable Bar Fruit Scooby-Do Cinn Graham Sticks Milk variety-lowfat	Sep - 19 Chicken Nuggets Idaho Mashed Potatoes Chicken Gravy Whole Wheat Bun or Pizza, Papa Kelsey with PEAS Vegetable Bar JELLO Fruit Milk variety-lowfat	Sep - 20 Chicken Taco, 8" or Potato Bar or Pizza, Domino's with Wedges, Skincredibles Vegetable Bar Fruit Milk variety-lowfat	Sep - 21 Philly Beef Steak or Trojan Burger or Pizza, Ripper with Vegetable Bar Wedges, Skincredibles Fruit Milk variety-lowfat	Sep - 22 CHEESE ZOMBIE Tomato Soup or RIB Q WG Hamburger Bun, Sara Lee or Pizza, Papa Kelsey with Vegetable Bar CARROTS Fruit FRUIT ROLL UP Milk variety-lowfat
Sep - 25 Chicken, Mandarin Orange Rice, Brown Vegetables, Country Mix or Chicken Hot & Spicy on Bun or Pizza, Domino's with Wedges, Skincredibles Vegetable Bar Fruit Milk variety-lowfat	Sep - 26 Good as Moms Meatloaf Idaho Mashed Potatoes Beef Gravy Whole Wheat Bun or Pizza, Papa Kelsey Vegetables, Country Mix or Vegetable Bar Fruit Milk variety-lowfat	Sep - 27 Chicken, popcorn Whole Wheat Breadstick or Ham Salad in a Cup or Pizza, Domino's with CATSUP Wedges, Skincredibles Vegetable Bar Fruit Milk variety-lowfat	Sep - 28 Chili & Chips or HAMBURGER ON A BUN or Pizza, Ripper with Vegetable Bar PEAS & CARROTS Fruit Penouche Cookie Milk variety-lowfat	Sep - 29 Soft Shell Taco or BBQ Pork Rib Sandwich or Pizza, Papa Kelsey with CORN Vegetable Bar Fruit CINNAMON ROLL Milk variety-lowfat

Menu is subject to change

"This institution is an equal opportunity provider"

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